Identifying Transferable Skills & Career Pathways

O*NET Online

- National database that breaks jobs down by core tasks, skills required, tools/technology used, work environment, salary and job outlook.
- Can search by job title or skill.
- Helps identify career fields you may not have thought about.
- Shows jobs that match a skill or previous job title.
- Explains what qualifications are usually required, which can help you to reassess readiness or upskilling needs.

Click here to go to O*NET Homepage (onetonline.org)

Steps to Get Started

- Step 1: Go to onetonline.org
- Step 2: Type in a job title you've held in the past.
- Step 3: Browse the suggested matches and take note of the tasks, skills, and related careers that come up.
- Step 4: Write down 2–3 new job ideas that interest you or feel like a good fit. These don't have to be perfect matches—just options worth exploring further.

My Next Move

- More visual and beginner-friendly.
- Allows search by interest area, keyword, or former job.
- Great for those unsure of where to start—it has an "I'm not really sure" quiz to help identify direction if you're stuck.

Click here to go to My Next Move Homepage (mynextmove.org)

Additional Resources

CareerOneStop

- CareerOneStop Homepage (www.careeronestop.org)
- Offers an Interest Assessment
- Sponsored by U.S. Department of Labor
- Has 30-question quiz to match your interests with career areas

16Personalities Career Profile

- 16Personalities Career Profile Homepage (www.16personalities.com)
- Offers personality-based career suggestions (based on Myers-Briggs)
- Helps people interested in or communicating about workplace preferences and strengths

MySkills My Future

- MySkills My Future Homepage (www.myskillsmyfuture.org)
- Allows you to enter a past job to see related occupations and skill matches
- Offers local job listings and career training info

Truity Career Tests

- Truity Career Tests Homepage (www.truity.com/tests)
- Includes several free tests to explore career paths based on personality or interests
- Includes Strengths Profile-style assessments

Illinois WorkNet Career Tools

- Illinois WorkNet Career Tools Homepage (www.illinoisworknet.com)
- Includes state-supported tools for Illinois job seekers
- Has skill matching, training programs, and local resources